

## Highly Famous Hypoallergenic Breeds of Cats

You are sad and facing mental issues. What do you do? It is difficult to open up to everyone because of a lack of confidence and inability to trust as a result of past trauma. But there is a way around all of this. A [Emotional Support Dog](#) is a great friend that you can have in your life. What better way can there be than having someone to share your sadness.

But you must consider several variables as well. While many ESAs may not pose an issue, cats can be Hypoallergenic. The hair they shed and their saliva can be much problematic. An [legitimate esa letter](#) from a reliable source would allow you to keep a cat but you must be aware of the consequences. You do not want to get into any more trouble.

Luckily, there are many cats that do not pose such threats. Here are some of the more famous ones for you to consider:

### Cat Breeds for your Allergy issues

- The Hairless Sphynx is a famous cat breed. This is because it has no fur so you can adopt it without any fear of getting a reaction. It can climb and jump here and there while you have nothing to worry about.
- You might not want a cat that has no hair since you may not be fond of it. Well, a Siberian cat might be what you need. It has long beautiful hair but belongs to a breed of **hypoallergenic cats**.
- Balinese cats are beautiful with furry coats and attractive blue eyes. They produce very little protein known as FEL D1 which is the actual cause of many allergies.
- Bengal cats resemble tigers. They look fierce but are very loyal. The best part is that they are less Hypoallergenic hence you can safely keep them with you at all times to accompany you. This is the sole purpose of an ESA.
- Cats usually have multiple layers of fur, mainly three. The more layers, the more chances of getting sick. Cornish Rex has just one layer. The consequence is that it would not be as cuddly but rest assured you would still get the same benefits nevertheless. Devon Rex also belongs to a similar family and has similar properties.
- LaPerm is a cat breed that has a very furry coat but they are less likely to cause an allergy so if you do not want to sacrifice the cuddling, then this could be your best

choice.

There you have it. So many choices even if you have allergies. If you prefer a dog instead, then there are many choices for that as well. An [esa letter for dog](#) would safeguard your and your ESA's rights. You should ensure getting a genuine one from a reliable source so you are not scammed.

ESAs have many benefits that you may not even have thought of before. ESAs are non judgemental and they are great listeners. If anyone you know is suffering from mental issues, you may know very well that communication is a huge barrier. There might be self-esteem issues and other confidence problems. ESAs provide you with the love and care you need. Demand that them [how to get an esa letter](#), and you're done.

The more you take care of the pet, the more it would take care of you. It is a give-and-take relationship. Grooming your ESA and spending time with it is a great way to unwind and put all your worries behind you. As there are so many choices, you can find the one that best suits all your needs. That being said, if you need an ESA then you need an [cheap esa letter](#).

## **Learn More About Emotional Support Animal Letter:**

[how to get a esa certificate](#)

[how long is esa letter good for](#)

[how to get my dog esa approved](#)

[how to esa certify your dog](#)

[how much is an esa](#)